

# GOT HOLIDAY BLISS?

Nothing takes the chill out of the air quite like these sweet, indulgent Milk & Honey spa services. They are so creamy and nourishing we just might start a new holiday tradition!

## Warm Buttered Toes! SWEET MILK, HONEY & SHEA BUTTER PEDICURE

*Comfort your soles and celebrate the season! This pedicure includes a delightful shea butter exfoliation buffing your feet to petal soft perfection. Next we apply sweet Milk & Honey Shea Body Butter and tuck your feet into warm booties. The finale is a warm buttered fingers and toes massage. Pick your favorite holiday nail color and you are on your way!*

Soak: Milk & Honey Bath Salts  
Exfoliate: Milk & Honey Butter Scrub or Sugar Buff  
Masque: Sea Mud Masque  
Massage: Pomegranate Spice Body Butter

## Sweet Feet Retreat ON-THE-GO MINI FEET TREATMENT

*Give those tootsies a little well-deserved break this holiday season! This Milk & Honey treat includes a shea butter exfoliation and a warm, whipped body butter massage. Now that's holiday bliss!*

Exfoliate: Milk & Honey Butter Scrub or Sugar Buff  
Massage: Milk & Honey Body Butter

## Comfort & Joy SWEET MILK & HONEY MASSAGE

*Escape the holiday stress with this ahhh...inspiring treat! This full-body massage is infused with the scents of the season. Happy holidays to you!*

Exfoliate: Milk & Honey Butter Scrub or Sugar Buff  
Massage: Milk & Honey Body Butter

## Holiday Crème de la Crème SWEET MILK & HONEY BODY RENEWAL

*Hello relaxation! Start the holidays with perfectly polished and hydrated skin. Our sweet Milk & Honey infused butter scrub reveals fresh beautiful skin. The finale is deliciously applied sweet Milk & Honey Body Butter. Just leave the holiday stress behind.....aaah!*

Massage: Milk & Honey Massage Whip or NutriTouch Massage Oil



## Fall in love all over again! SWEET MILK & HONEY COUPLES MASSAGE

*Cozy up with that someone special this holiday season. Enjoy a sweet Milk & Honey full-body massage. It's sure to make your heart's sing!*

Massage: Milk & Honey Massage Whip or NutriTouch Massage Oil

Spa Blends Botanicals  
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